



Next Meeting:

What: *Highway Cleanup and Meeting*
Date: May 1, 2011
Meet: 10:00 AM at the corner of Sacheen Rd and Highway 2.. Bring gloves! Meeting will follow at noon at the Pizza Factory at 237 S Washington Ave in Newport.

Inside this Issue:

President's Message.....	1
A View of the Mushing Mindset and Sled Dog Lifestyle	2
Priest Lake Race Images.....	3
Priest Lake Race Results.....	4
2011 PNC Results	5
January Meeting Minutes.....	6
More Priest Lake Images.....	7
Race Sponsors.....	8
Upcoming Events.....	9
Membership Renewal.....	10

Congratulations to: Tom Palmer for winning the PNC Sprint 8, Justine Moss for winning the Sprint 6 and Bob Wilson for winning the Skijor!!! Way to go IESDA!

President's Message:

Greetings all,

Although the calendar says 'spring', it seems as though winter is still hanging around. Great news, if like me, you're still running dogs. Not so good if you want to plant your garden. The cooler weather has given me the opportunity to get my team out, since family obligations kept me from enjoying the snow earlier this year.

All in all, I think the Priest Lake races went very well. We were much more organized and with a few exceptions, everything went smoothly. Thanks goes out to everyone who helped, especially to Ann and Richard for modernizing the timing. Jim and Tom, I can't thank you enough for going up to the race site almost every day the week before to work on those tinker toys, oh excuse me, the Cushmans. Wendy, thanks for getting Hill's to groom the trails when we couldn't get the Cushmans to run reliably. Brenda and Donna for timing and Ann for entering all the results into the computer. And to everyone who jumped in and helped man the checkpoints, get teams to the start line, brought their snowmobiles, sold shirts, marked trails and otherwise kept us focused on running a great race. With this kind of momentum, I have no doubt next year will be even better.

On a sad note, I would like to offer condolences from the club to Donna and Bob Daymude on the untimely loss of their son, Michael.

Our next meeting will be on May 1 at the Pizza Factory in Newport, after the usual road cleanup. Hopefully by then we will not need an ark to patrol the ditches. Come join us as we need to discuss summer fundraisers and continued improvements to the races.

Jeanne

A View of the Mushing Mindset And Sled Dog Lifestyle

Can we really interpret the mushing mindset? Is it possible to apply true definition to the obsession that drives many of us each day out into the cold and frozen world of sled dogs? There are many explanations, which might actually be called excuses that allow us as mushers permission to indulge the lifestyle we crave, stretching the logical limits of practical behavior far beyond the realm of normalcy. To the uninitiated we appear as people on the fringe, a step out of line, possibly even slightly demented! In our world "normal human behavior" is somewhat convoluted. Call us crazy if you want, but we are fortunate enough to be immersed in the daily routine of kennel life.

The tangibles such as the adoring howls of welcome from our dogs when we enter the kennel or the cold crisp air on our faces during fall training stay in our minds all year long, lending credence to our self-preserving mindset allowing us to continue on the course we have chosen for ourselves. The intangibles of driving a dog team are a large part of the reason we, season after season persevere through the day to day balance of work, family and dog yard chores. Trying to explain the feeling we get when out on the trail is impossible, fruitless. Words won't suffice. The depth of it is too much, too large and the written or spoken word falls far short of the description necessary to give justice to that feeling imprinted in our brain. Sure, we can try, but success will be far from our reach.

There are those of us who have been at this mushing thing for quite a while, and in turn we feel confident, secure, sure of our actions, which over time have become second nature to us. Completely at home hooking up and heading down the trail, comfortable behind the handlebar of the sled, balanced on the runners. Yet, intensely enthused at the prospect of the upcoming run. Even we, who are totally at home in this venue are at best tongue tied when asked to put words to the whole thing!

The newly initiated to this life of dogs may be the ones coming closest to being able to verbalize this feeling as they have not yet been wrapped up in length and breadth of the whole experience. Their vision is enhanced by the first blush of excitement, heightened by the first rush of exposure to the trail! Their journey has just begun.

We train and race for the love of that feeling, for the love of the dogs and for the freedom that we achieve while doing so. Seeing all those canine eyes turn to us with trust and eager looks, as they know they are about to do the one thing they were born to do, run. Watching a team come together, working as one never fails to impress, even those who have been at it for years will be hard put to disagree that all the hard work, daily care and training can fall into place in a heartbeat. Making all the bad hook-ups, bad runs, rain, mud, ice and cold disappear in an instant. That perfect run.

And as we all know you have to hold strong, eyes forward, mid focused on the goal ahead. And it surely is not an easy thing, the mind and body tire and the spirit can falter. But, we keep doing it anyway, sometimes not even knowing why, until that one magical run where the slacker kicks in or that special potential leader steps up to the task. We have all been there, we know the feeling when we reach and

surpass a milestone we have set for our team and ourselves, but we will struggle to accurately vocalize the intensity of the moment taking place in our heart and mind. The best we can say is that we have accomplished what we set out to do. That we are lucky enough to live the sled dog lifestyle.

Debbie McGrath

“Dogs have always been a very large part of my life, both bird hunting dogs and sled dogs. My family bought their first sled dog when I was 2 days old, I began racing in the 1 dog class when I was 5 years old, 27 years ago. I grew up in the basket of a dogsled, either on training runs or on the trap line with my Dad. I started out racing in the limited sprint classes and have raced in mid-distance type classes as well as Race to the Sky in Montana. I am now back to the limited class sprints. Right now I am really enjoying running in the 8 and 10 dog classes. I live in Salcha Alaska and am married to Dan McGrath, we maintain a smaller kennel of 14 race dogs as well as a couple of retired leaders and one puppy.”

This article was originally published in “Dog and Driver” Magazine. It was republished here with the permission of the author.

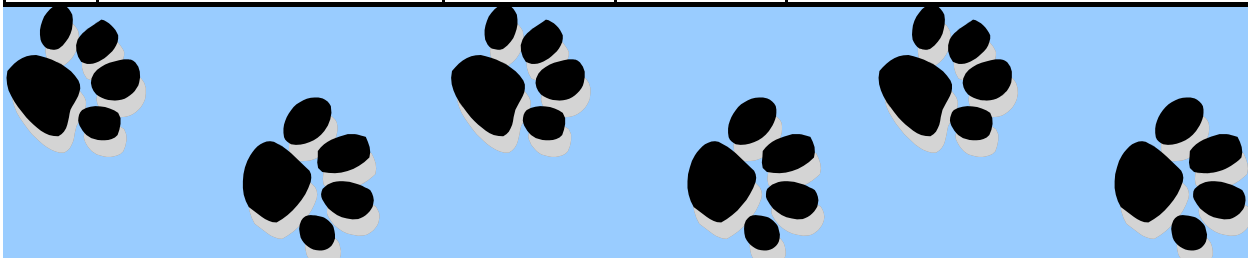
The ed.

Scenes from Priest Lake 2011



Priest Lake Sled Dog Race Results—2011

Place	Name	Day One	Day Two	Total Time
Skijoring (4.7 miles)				
1	Shawn Bresler	21:02.94	20:49.18	41:51.12
2	Mikki Douglass	22:28.70	22:10.54	44:38.24
3	Bob Wilson	23:04.22	22:13.16	45:17.38
Novice Skijoring (2.4 miles)				
1	Richard Hancock	09:02.57	09:12.51	18:15.08
2	Bruce Hagstrom	11:12.95	10:58.96	22:10.91
4 Dog (4.7 miles)				
1	Justine Moss	19:33.80	18:25.97	37:58.77
2	Deb Walts	20:37.92	18:26.12	39:03.04
3	Anna Filce	21:39.56	19:37.75	41:16.31
4	Dina McClure	21:46.58	20:07.22	41:53.80
5	Marci Stadiem	23:07.99	22:23.42	45:30.41
4 Dog Purebred (4.7 miles)				
1	Jill Wilson	35:20.70	37:16.26	1:12:36.96
6 Dog (5.7 miles)				
1	Justine Moss	17:16.98	18:51.36	36:07.34
2	Darrell Stewart	17:57.78	18:33.59	36:30.37
3	Tom Palmer	18:57.53	20:20.22	39:17.75
4	Jill Wilson	22:12.58	22:56.92	45:08.50
6 Dog Purebred (5.7 miles)				
1	Bill Jordan	27:05.99	26:58.70	54:03.69
6 Dog Mid-Distance (20 miles)				
1	Monte Pearson	1:45:46.92	1:49:12.52	3:34:59.44
2	Steven Duren	1:47:00.10	1:49:11.76	3:36:11.87
3	Gary Forgey	2:30:56.99	2:20:43.22	4:51:39.21
DQ	Laura Pearson	2:28:05.14		



2011 PNC Results

	PNW Dryland NWSDA		Frog Lake CSDC		Chemult PSOSA		Priest Lake IESDA		Total PNC	
	miles number		miles number		miles number		miles number		Points Place	
	Points	Place	Points	Place	Points	Place	Points	Place	Points	Place
Mid-6	14.0	5	14.0	2	14.0	6	14.0	4		
Monte Pearson	-		29.97	2	-		44.00	1	73.97	1
Karen Yeargain	-		31.00	1	37.33	3	-		68.33	2
Kelly Barton	-		28.93	3	36.00	4	-		64.93	3
Steve Duren	-		-		-		42.53	2	42.53	4
Gary Forgey	-		-		-		41.07	3	41.07	5
Tim Curley	-		-		40.00	1	-		40.00	6
Bino Fowler	-		-		38.67	2	-		38.67	7
Laura Crocker	-		-		34.67	5	-		34.67	8
Derek Shadbolt	-		-		33.33	6	-		33.33	9
Matt Hamel	33.00	1	-		-		-		33.00	10
Dina Lund	31.90	2	-		-		-		31.90	11
Eimanne El Zein	30.80	3	-		-		-		30.80	12
Larry Roxby	29.70	4	-		-		-		29.70	13
Kevin Casey	28.60	5	-		-		-		28.60	14
Sprint-8	8.0	5	8.0	2	8.0	3	8.0	4		
Tom Palmer	21.00	1	17.40	2	22.20	1	-		60.60	1
Jan Purkeypille	-		-		21.46	2	-		21.46	2
Bill Daugereau	20.30	2	-		-		-		20.30	3
Kelly Barton	19.60	3	-		-		-		19.60	4
Kaylee Porter	18.90	4	-		-		-		18.90	5
Carole Parsons	18.20	5	-		-		-		18.20	6
Darrell Stewart	-		18.00	1	-		-		18.00	7
Skilior	4.0	4	6.0	7	4.5	8	4.7			
Bob Wilson	-		17.73	3	17.00	1	8.77	3	43.51	1
Shawn Bresler	-		15.83	6	15.87	3	9.40	1	41.10	2
Randall Smith	-		17.10	4	15.30	4	-		32.40	3
Cyndi Smidt	11.20	3	-		14.73	5	-		25.93	4
Ellen Donoghue	-		19.00	1	-		-		19.00	5
Travis Pearson	-		18.37	2	-		-		18.37	6
Kim Tinker	-		16.47	5	-		-		16.47	7
Joel Myers	-		-		16.43	2	-		16.43	8
Scott Weber	-		15.20	7	-		-		15.20	9
Dave Ford	12.00	1	-		-		-		12.00	10
Jessica Pulliam	11.60	2	-		-		-		11.60	11
Connie Starr	10.80	4	-		-		-		10.80	12
Mikki Douglass	-		-		-		9.09	2	9.09	13

	PNW Dryland NWSDA		Frog Lake CSDC		Chemult PSOSA		Priest Lake IESDA		Total PNC	
	miles number		miles number		miles number		miles number		Points Place	
	Points	Place	Points	Place	Points	Place	Points	Place	Points	Place
Sprint-6	6.0	3	6.0	6	6.0	9	6.0	4		
Justine Moss	-		16.80	3	20.30	2	16.00	1	53.10	1
Jill Wilson	-		15.60	5	18.20	5	14.40	4	48.20	2
Jane Devlin	-		16.20	4	18.90	4	-		35.10	3
Sharon Carpenter	-		15.00	6	19.60	3	-		34.60	4
Debbie Lyman	15.00	1	18.00	1	-		-		33.00	5
Rick Johnson	-		-		21.00	1	-		21.00	6
Bino Fowler	-		-		17.50	6	-		17.50	7
Deb Walts	-		17.40	2	-		-		17.40	8
Kim Thomsen	-		-		16.80	7	-		16.80	9
TW Landis	-		-		16.10	8	-		16.10	10
Darrell Stewart	-		-		-		15.47	2	15.47	11
Tom Palmer	-		-		-		14.93	3	14.93	12
Maggie Taasevigen	14.50	2	-		-		-		14.50	13
Kathy Miyoshi	14.00	3	-		-		-		14.00	14
Sprint-4	4.0	2	4.5	7	4.4	15	4.7	5		
Dina McClure	9.67	2	13.33	6	19.83	6	12.96	4	55.79	1
Lance Christensen	-		16.00	1	23.01	2	-		39.01	2
Kristopher Scott	-		14.40	4	22.21	3	-		36.61	3
Deb Walts	-		-		21.42	4	13.92	2	35.34	4
Kelly Barton	-		13.87	5	19.04	7	-		32.91	5
Bino Fowler	-		-		23.80	1	-		23.80	6
Cary Gatton	-		-		20.63	5	-		20.63	7
Jolyn Kottke	-		-		18.25	8	-		18.25	8
Kelly Arnold	-		-		17.45	9	-		17.45	9
Polly Riley	-		15.47	2	-		-		15.47	10
Tom Riley	-		14.93	3	-		-		14.93	11
Justine Moss	-		-		-		14.40	1	14.40	12
Anna Filce	-		-		-		13.44	3	13.44	13
Sharon Carpenter	-		12.80	7	-		-		12.80	14
Mard Stadiem	-		-		-		12.48	5	12.48	15
Jessica King	10.00	1	-		-		-		10.00	16
Novice	4.0		4.5	2	4.4	4	4.0			
Kristina Smith	-		11.00	1	12.80	1	-		23.80	1
Kamryn Elliott	-		10.63	2	12.37	2	-		23.01	2
Alyson Griffie	-		-		11.95	3	-		11.95	3
Nita Day	-		-		11.52	4	-		11.52	4

IESDA Meeting January 19, 2010 Golden Corral, Spokane

Members Present: Jeanne Arnold (chair), Judy Cowan, Bob & Donna Daymude, Bruce Hagstrom, Richard Hancock, Brendia Heintzelman, Jim & Susie Malcolm, Tom Palmer, Jill & Bob Wilson, Ann & Bob Yanecek.

Meeting called to order at 7:15 PM.

Minutes: Jill/Donna moved that the minutes from the previous meeting be accepted as written. Passed.

I. Priest Lake Race

- a. **Permit** - Wendy has applied for a site permit with the US Forest Service.
- b. **Cushmans** - Bob D. reported that he does have his trailer and it is available to transport both of the Cushmans. He will take it over to the Heintzelman's this coming weekend. Tom Palmer reported our Cushman needs a new belt.
- c. **Grooming** - Tom requested that the club buy new tires for the groomers. Jeanne gave the OK to purchase. We need to start grooming the Saturday prior to the race, this is the earliest we are allowed on the trails. Ann will contact the FS to see if we can park the trailer for the Cushmans there during the week. Grooming will commence Sat. Jan 29 around 10:00 am. Bob & Jill will bring their snowmobile.
- d. **Timing** - Richard has computer program and display for race times that he was able to try out at Frog Lake and Chemult. There are still a couple of minor computer bugs in the program. Ann will have them fixed for the race.
- e. **Canopies** - We need at least 3 canopies for the race, one for the info/sales booth, one for the timer, and one for the computer display. Jeanne, Bob & Jill, and Ann & Bob each volunteered to bring one.
- f. **Generator** - Richard has one he will bring to run the computer.
- g. **Tables** - Jeanne asked people to bring any tables they have that can be used outdoors.
- h. **Plowing the parking lot** - Brendia reported that she put a cap on the cost of plowing at \$1,200 and she is making arrangements.
- i. **Port-a-Potties** - Brendia has these taken care of.
- j. **Food concession** - Brendia has lined up the same vendor as last year.
- k. **Race Booklet** - Bob reported on the progress of the race booklet that Petroglyph Printing has agreed to do for us. Brendia requested that 300 copies will be needed, up 100 from last time so we have some to give to Hill's and Elkin's resorts.

(Continued on page 7)

(Continued from page 6)

- l. **Jill** commented on other races she attended this year. Frog Lake had a fixed interval (15 min.) between classes. This made the day move along very efficiently. At Chemult, in an effort to make the day go quicker, they ran the 4-dog PNC class and the novice at the same time. She thought this was unfair to both classes and urged the club not to do the same. She also recommended that the passing rules be reviewed at the Driver's Meeting and not assume that everyone knows what they are. She suggested putting a copy of the race rules in the race packets.

Meeting adjourned 8:45 PM.

Respectfully submitted,
Bob Wilson, Secretary



Below is a list of Sponsors for the Priest Lake Sled Dog Race. Please let them know that we appreciate their sponsorship either by dropping by or sending a letter with your thanks.

ALPINE ANIMAL HOSPITAL
655 Best Ave
Coeur d'Alene ID 83814

ARCTURA KENNELS
Tom Palmer
42604 N. Hatch Rd
Deer Park, WA 99006

BLUE MIST KENNEL
6931 Deer Valley Road
Newport WA 99156

CHEVELIER KENNELS
Jim and Susie Malcolm
735 Shadow Green Road
Blanchard ID 83804

DASHING SAMS
Jill and Bob Wilson
7875 E Highway 54
Athol ID 83854

DEER PARK VETERINARY CLINIC
2915 E Crawford St
Deer Park, WA 99006

DYNAMIC SPECIALTIES
Signs, Silk Screening Clothing
And Promotional Items
1-509-447-9278
Newport, WA99156

HILL'S RESORT INC
4777 West Lakeshore Road
Priest Lake ID 83848

INLAND NORTHWEST ALASKAN MALA-
MUTE ASSOCIATION
Donna Daymude
6497 Stone Lodge Rd.
Nine Mile Falls, WA 99026

JACKPINE FARMS
Wendy and Steve Booth
Nordman ID 83848

MOSS ENGRAVING
509-685-0299

NEWPORT OLD TOWN CHAMBER OF COM-
MERCE
325 W 4th
Newport, WA 99156

PANHANDLE STATE BANK
P.O. Box 1847
Priest River, ID 83856

PEND OREILLE VETERINARY CLINIC
PO BOX 503
Old town ID 83848

PETROGLYPH PRINTING & SIGNS
300 W. 2nd St
Newport WA

PET STOP
10464 N. Government Way
Hayden ID 83835

PRIEST LAKE CHAMBER OF COMMERCE
PO BOX 174
COOLIN ID 83821-0174

SEEBER'S PHARMACY
336 S. Washington Ave
Box 609
Newport WA 99156

SPIRIT OF THE WIND SIBERIANS
Jeanne Arnold and Judy Cowan
4668 Carpenter Loop
Post Falls ID 83854

Vega Discoveries
Client-Server/Database Solutions
E-Commerce, Web, Custom Software
<http://www.VegaDiscoveries.com>
(509) 710-2874



Upcoming Events

IESDA Spring Meeting Newport, WA	Pizza Factory	May 1, 2011
NWSDA Spring Fling	Camp K	May 7-8, 2011
IESDA Highway Cleanup	Sacheen Rd/Hwy2	May 1, 2011
CdADF Dog Show/Day Parking	Kootenai County Fairgrounds	May 31-June 1 2011



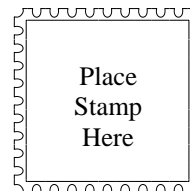
Inland Empire Sled Dog Association

OFFICERS AND OFFICIALS: 2010-2011

PRESIDENT	JEANNE ARNOLD	208-773-7707
VICE-PRESIDENT	VICKY MASSEY	208-623-6242
SECRETARY	BOB WILSON	208-683-2387
TREASURER	BRENDIA HEINTZELMAN	509-447-5744
NEWSLETTER EDITORS	JILL WILSON	208-683-2387
TRAIL CHAIR	WENDY BOOTH	208-443-2938
WEBMASTER	ANN YANECEK	509-276-8193

The purpose of the **INLAND EMPIRE SLED DOG ASSOCIATION** Newsletter is to provide an open forum for communication and information about sled dog related sports in the Northwest and neighboring areas. Advertising of up to one inch of space is free to members, with an additional cost of \$2.00 per inch over the first inch. Articles published in this newsletter do not necessarily reflect the opinion of the **INLAND EMPIRE SLED DOG ASSOCIATION**. Permission to reprint or use articles from this newsletter must be given by the editors of the **INLAND EMPIRE SLED DOG ASSOCIATION (208-683 2387)**.
Website: <http://www.iesda.org/>

IESDA
Jill Wilson
7875 E. Hwy 54
Athol, ID 83801



***Inland Empire Sled Dog Assn.
Membership Form***

Name _____

Address _____

City, State, Zip _____

Phone _____

Email _____

Membership Categories:

(Make checks payable to IESDA)

General—\$20/year

Associate—\$10/year

(Newsletter Only)

New _____ Renewal _____

Mail Memberships to:

Brendia Heintzelman
6831 Deer Valley Rd.
Newport, WA 99156